



Chelsea School Newsletter



Laura bats her way to South Africa



Chelsea School student Laura Owen was delighted to hear that she has been selected for the England Under-19 Indoor Cricket squad for the 2011 World Cup in South Africa this October. Laura, who is supported by the University's Sport Scholarship Scheme, is a first year undergraduate on the BA(Hons) Physical Education with QTS degree. Laura represented England in the 2009 World Cup held in Brisbane, Australia and is now very excited to be travelling to South Africa. Laura said: "Indoor cricket is absolutely massive in Australia, New Zealand and South Africa. It is much more energetic and high tempo than outdoor cricket and is very exciting."

Laura has been playing cricket since the age of eight and has also played football for Arsenal and Leyton Orient's Ladies Centre of Excellence but made the decision to concentrate on cricket a few years ago and she currently plays outdoor cricket for Essex ladies. Laura, 19, said: "I love studying at the University of Brighton and the support I have received in helping me study and compete has been excellent." Laura is currently looking for sponsorship so she can continue to compete at the highest level.

Chelsea FC wait for Jade

Sport Journalism student Jade Fitch has landed a job with Chelsea Football Club. She will be working for the PR department in hospitality and events. Jade said: "I've decided to take up PR as my career path which is part of the Sport Journalism course. Chelsea were very impressed with the work experience I've had with professional players and managers." Jade will start her career with Chelsea FC in June once she has completed her degree.

Alex's Olympic dream

I am currently in the second year of the BA(Hons) Sport and Leisure Management degree. As part of the degree programme there is a three-month placement and I decided to apply to LOCOG (the London Organising Committee of the Olympic and Paralympic Games). The application process was very rigorous and I was very nervous during my interview, but ecstatic when I was eventually offered the placement.

I am an intern with the government Olympic relations department and am just over halfway through the placement. I attend Parliament regularly and my main task at the moment is to coordinate managing the dignitaries for test events. Every event and sport for the Olympic games is tested at its venue. Basketball will be tested this summer and the top teams from around the world will be taking part. This will give the opportunity to test the fields of play, technology, crowd systems and operational systems. I attended the official completion of the mountain bike venue at Hadleigh farm where I managed the filming with the in-house film crew.



Alex (far right) with staff from the government relations team at LOCOG

My office is based at Canary Wharf which means I travel a total of four hours every day. However, being tired for three months is nothing compared with the honour of being involved with the Olympics. At the risk of name-dropping, I have met numerous MPs and London Assembly members, including Lord Coe, Sir Keith Mills, Paul Deighton and HRH Princess Anne.

Being a student on the Sport and Leisure Management course has given me access to great opportunities and having this experience on my c.v. will certainly stand me in great stead when applying for a job once I graduate.

Alexandra Botting

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Is sport a hobby or a career?

Her Majesty's 2010 Christmas message carried much about the value of sport. She spoke of health, well-being and social cohesion. But she also evoked a rather cosy world of bright-eyed amateurs and volunteers...*"In the parks of towns and cities, and on village greens up and down the country, countless thousands of people every week give up their time to participate in sport and exercise of all sorts, or simply encourage others to do so."*

In the 19th Century sport and physical training were based on personal belief or untested reasoning. But a handful of passionate doctors, educationists, coaches and biologists began to ask questions and our knowledge of sport, fitness, health and well-being began to grow. A consensus emerged and sport in various forms has become embedded in our way of life. Examples include government policies on exercise in the treatment and prevention of chronic disease and obesity; P.E. in schools; sports science support for elite sportsmen and women; and numerous business ventures drawing on new knowledge to sell improved exercise and sports equipment, sports drinks or personalised fitness regimes. UK research is world-class and the latest government research assessment exercise in 2008 commented: *"The top departments in the UK are judged as being amongst the best departments in the world."* Chelsea School's research was rated as 7th best of all the dozens of U.K. university academic sports departments.

2012 will mark not only the London Olympics but also the new government university tuition fee regime. Will it be worth students investing in a graduate education in sport? Recent data from Universities UK suggests excellent prospects. Employment of graduate sport and exercise scientists is similar to those from psychology and agriculture, and better than graduates of biology, chemistry, physics, maths and most arts subjects. For Chelsea School the latest data for all our sports degrees show 89% of students in work or taking further study within six months of leaving, 7% unemployed and around 4% not seeking work. These numbers are well above the average. Further confidence is provided by the sheer size of the sports sector in the UK. In 2010 it was worth £16.7bn and employed 441,000 people, 76% in

the commercial sector, 11% voluntary and 13% in the public sector. From a passionate start over 150 years ago, sport has become a worthy subject to study at university, and an employment profession in its own right.

This is an edited extract of an article by Professor Doust, Head of Chelsea School, for The Independent newspaper, January 24th 2011.

Dance Rivals

One of the most popular students' events of the year Dance Rivals took place recently at the Atlantis night club on Eastbourne Pier. This event is celebrating its 10th anniversary and is taken very seriously by the sport teams who choreograph a routine to perform to capacity crowds of nearly 900. Previous winners of Dance Rivals have included the boxing, rugby and cricket teams and this year, for the first time, the dance society. The highlight of the evening was a special performance by lecturers Tracy Killingly and Dr Richard Royce, who performed with the all-male Chelsea School dance group Kick Start to Alex Burke's "Start without you".



Lecturer Tracy Killingly with Kick Start

However, there is a serious side. Dance Rivals is organised by the Chelsea Students Society and this year raised a record amount of £3750 for the Chelsea Children's Camp, which is a student charity for disadvantaged children.

TERM DATES 2011/2012

26 September - 16 December 2011
9 January - 23 March 2012
16 April - 8 June 2012

For all the latest news visit the Chelsea website www.brighton.ac.uk/chelsea



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Sport matters



Chelsea School's long and proud reputation for sporting excellence, both on the field and academically, is one of many reasons why students choose to study here. The university's Sport and Recreation Service facilities include a sports hall, swimming pool, tennis courts, climbing wall and a synthetic pitch which allow students to remain active during their studies. The facilities boasts a brand new 57-station fitness suite and a separate strength and conditioning room. With state-of-the-art technology, students can train on iPod-compatible machines while watching TV. USB sockets also mean that students can download workouts and monitor progress with the virtual trainer functions.



Unsurprisingly, Chelsea students play a big part in the dozens of university sport teams, many of which are based on the Eastbourne campus. The Student Union runs seven football teams, three netball teams, four rugby union teams, five cricket teams and four hockey teams for men and women. There are teams in 41 other sports ranging from basketball and badminton to cheerleading and lacrosse.

Stop press: £182,602 has been awarded to the University of Brighton Recreation Service to get more students active as part of the 2012 Olympic legacy. The new Active 8 programme covers eight sports, including netball, beach sports, table tennis and volleyball.

Nightlife

Eastbourne may not particularly spring to mind as a nightlife hotspot. However, with a growing student population and a large variety of bars, pubs and clubs, Eastbourne's nightlife is a lot livelier than people might first expect.

Monday nights are traditionally spent in King's nightclub, which is located in the centre of town and is very popular with students. There is something for nearly everyone: upstairs plays classic disco favourites and pop while downstairs is a variety of hip-hop, grime, funky house, dubstep and R&B.

Wednesdays are sport social nights where everybody heads out in fancy dress to their respective team meetings and ends up in Atlantis nightclub, situated on Eastbourne pier. TJ's nightclub is the popular student destination on Fridays with different weekly student-aimed events and acts.

The Student Union also arranges events throughout the year with bar crawls, themed nights and charity events. For example, 2011 will see the first University of Brighton Take Me Out night, with proceeds going to charity. These events aim to get all students involved and are a good way to meet new friends and help a good cause. All the events are priced specifically for students with prices and entrance fees designed to fit student budgets, so yes, nights out can be fun AND affordable.

Zale Stobbs

Questions, questions?

We recognise that questions about student life at university are important to prospective students. So, to help with your queries, student ambassadors are ready to answer your questions about life as a student at Chelsea School. If you have been made an offer to study here why not join the Facebook group? Search for the Chelsea School student ambassadors and request membership.



Chelsea School and our student ambassadors wish you good luck if you are taking exams or awaiting results



For all the latest news visit the Chelsea website www.brighton.ac.uk/chelsea



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Meet some of our student ambassadors...

Ricky Garzia

I am in my second year of the BSc(Hons) Sport Coaching and currently getting involved



with as many opportunities as Chelsea School can throw at me. I am very enthusiastic about sport and all the different things it can offer people. I love the way Chelsea School covers everything from elite sport

with our high performance centre and the English Institute of Sport fitness room, to Parklife which covers all social and recreational sport. I chose my course because it is very versatile. It opens so many avenues as there are many module choices; some people take a very scientific route whilst others take a more social inclusion route.

Jemma Younghusband

I am in the third year of the BA(Hons) Physical Education with QTS and come from Dorset, so staying by the sea was definitely a highlight for me.

From the moment I walked through the doors on the university open day, I knew this sport-focused campus was the place for me. Since joining the University I have been involved with a variety of amazing opportunities, including teaching blind children how to street surf; working with the Football 4 Peace project teaching Israelis, Irish and Germans the importance of team-building activities, broadening my knowledge and understanding of a wide range of sports through coaching courses and teaching in local schools. Being a Student Ambassador for the University of Brighton allows me to meet new people and share my enthusiasm for the University and the course with prospective students and their families. The opportunities the University have provided me have allowed me to grow in confidence and self-esteem, which reflects positively on the requirements of the PE QTS course.



Money matters

Do you want to know more about funding, fees, bursaries, scholarships, students and benefits? Do you need help making a budget? Visit

www.brighton.ac.uk/studentlife/money/

Jon Vale

I can honestly say I'm loving life on the sunny south coast. I am a second year Sport Journalism student. The course is great for anyone who has an interest in sport, the people



down here are all similarly sport-mad and the life is so chilled it's scary. I can't imagine myself studying anywhere else.

Lori-Louise Boyton

I am a second year student studying Sport and Leisure Management. I love the course as there



are so many careers it can lead to once I graduate. I have a huge passion for sport and a particular interest in corporate hospitality. My dream is to one day be a part of the Chelsea Football Club hospitality team. I am currently on my second year placement and I am

working at Crystal Palace FC for their marketing team and club charity. I have a very hands-on role within each department and love the atmosphere of working at a busy and popular club. I really am living the dream and hope my experience at the club will path my future. I love University life and believe it is important to have a good balance of work and play. As for Eastbourne, it really is a lovely place to live, especially when the sun is shining.

Sophie Woolford

Initially I was uncertain which university I wanted to study at, and which course was the best for me.

Within a short period of visiting Chelsea School I realised what a friendly environment it was and how easy it was to meet new people and settle in. I am currently in my second year studying Sport and Exercise Science BSc(Hons) and thoroughly enjoy the course, as it is very interesting and will allow me to have a wide range of career choices once I have graduated. I am part of the cheerleading squad and gymnastics team, which has offered a great opportunity to meet people from other courses. The University offers a wide range of excellent facilities, great accommodation with the additional plus of living near the sea, which is especially enjoyable over the summer term.



Want to know about the practicalities of student life? If you have been offered a place at Chelsea School why not contact our student ambassadors? Join our Chelsea School student ambassador Facebook group. Search for "Chelsea School Student Ambassadors"

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