



Chelsea School achieves International research recognition

Research at Chelsea has been recognised as top class by the Government with the publication of the results of the Research Assessment Exercise (RAE) at Christmas. The RAE takes place every few years and assesses the quality of research at all universities in the U.K. and in all subjects. The results showed 65% of our research to be of international quality with the remaining 35% of national quality. This makes Chelsea the highest-scoring sports-related institution in the south east.

Professor Jo Doust, head of Chelsea School, said: "We are extremely pleased that the RAE recognised the high quality and the international standing of research at the school. We have appointed young, dynamic researchers to add to our established research strengths. For students, this means they are taught by highly knowledgeable lecturers and the curriculum is at the cutting-edge of our subjects."

The University of Brighton as a whole is ranked as the leading modern university in terms of the quality of its research by Research Fortnight. The Times Higher moves the university from 80th in 2001 to 59th in 2008. Professor Bruce Brown, Pro-Vice-Chancellor for research at the University of Brighton, said: "The university has succeeded in broadening its research base and has driven up the quality of research across a larger range of subject areas. Overall, we are determined this work will make substantial contributions to social, economic and cultural well-being. For us there are only two types of research - applied research and yet to be applied research."

Chelsea students receive £1,000 scholarships

The University of Brighton presented 200 scholarship awards to first and second year students who had excelled in subjects as diverse as architecture, pharmacy, criminology and art. No fewer than 14 Chelsea students won awards, each receiving a cheque for £1,000 in a ceremony which brought together family and friends to celebrate their success. Awards were

won for outstanding academic merit in Sport and Exercise Science, Sport Journalism, Physical Education, and Sport & Leisure Management.

Second year student Chris Martin, 20, says winning a scholarship from the university has been a pleasant surprise. "I was over the moon not just for the financial benefit but mainly for the statement it represents in being rewarded. Hopefully it will put me in good stead for future opportunities."

Students host Eastbourne schools' orienteering festival

Chelsea School P.E. students organised the inaugural Eastbourne schools' orienteering festival for 150 schoolchildren held at Gildredge Park in November. Separate events were held for pupils in years five, six and



seven, who took part in a series of navigational exercises designed to improve their map-reading and navigational skills. The festival culminated in a competitive orienteering race between pairs of pupils. This was arranged and managed by BA QTS physical education students from the Chelsea School as part of their second year module in Outdoor Education. In association with the British Orienteering Federation and Eastbourne Borough Council, students learnt how to facilitate and manage a large sporting event such as this while at the same time gaining important professional experience in teaching orienteering skills and techniques to pupils, all of which has contributed towards their achieving the standards for Qualified Teacher Status.

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Olympic news

Chelsea School Sports Science lecturer Dr Gary Brickley recently returned from Beijing as part of British Cycling's most successful medal haul ever. Gary coaches three Paralympian riders - Darren Kenny, Sarah Storey and David Stone - as well as assisting coaching with hand cyclist Rachel Morris. Kenny, riding in the Cerebral Palsy category, was the first rider of Gary's riders to receive a gold medal after a world record-breaking, winning pursuit time of 3minutes 36 seconds. Kenny backed that up later in the week with convincing world record performances and gold medals in the 1km time trial and the team sprint. Sarah Storey won the 3km pursuit. What made this performance all the more remarkable was the fact that Sarah would have placed seventh in Beijing Olympics with her time of 3minutes 36 seconds.

In the time trial Rachel Morris, Sarah Storey and David Stone, all achieved gold, whilst Darren Kenny narrowly missed out on the gold by 11 seconds to former Tour de France rider Javier Ochoa. Revenge was sweet for Darren in the road race where in one of the most exciting races ever, Darren out sprinted his rivals to claim his fourth gold medal. Meanwhile David Stone had added to the GB gold medal tally with a convincing win in the road race on his tricycle. Dr Brickley coached his athletes to nine of these gold medals. The medal tally certainly helped to make Great Britain the second overall best team in the world at the Paralympics.



Dr Brickley with Paralympic gold medallist David Stone.

Golden Gloves, the second event of the school's *Fuelling the Flame 2012 Olympics* series was held just before Christmas. After Great Britain's Olympic success in Beijing, which saw Britain's best boxing medal haul since 1957, head coach Terry Edwards and high performance coach Dave Pocknell held a master-class demonstration followed by a discussion panel.

The master class demonstration was taken by Pocknell and Lee Pulling, another high performance coach from the Amateur Boxing Association (ABA), who gave an insight into what it would be like to be training as an Olympic boxer. Members of the University boxing team were present accompanied by some of the top boxers from East Sussex, including some young 2012 Olympic hopefuls. The University's Charlie Brahmhatt was picked out for his boxing prowess. Brahmhatt, the former London ABA champion and international amateur boxer said: "It has been a great day. It's really good of them to come down and give something back to grassroots boxing."



After the master class Edwards led an inspirational and fascinating talk about Team GB's Olympic training programme. Edwards told the audience of current and former boxers, academics, students and members of the public that the equipment used in amateur boxing and the professional game is very similar but "...Amateur boxing is a sport. Professional boxing is a business."

Chelsea will continue to *fuel the flame* with more inspirational events through to 2012.

"I love the 'bourne and I'm sure anyone you talk to would say exactly the same thing. Aside from the stereotypical opinion, Eastbourne has an excellent nightlife - and shame on anyone who disagrees!"



Anna Cummings
Sport and Exercise
Science BSc(Hons)
year three

For all the latest news visit the Chelsea website www.brighton.ac.uk/chelsea click on **News and Events**



Chelsea School Newsletter



Sport matters

Students can get involved in a range of sports from Lacrosse to Athletics. With the great facilities and the sporting heritage of the Chelsea School, the majority of the University's top teams are based in Eastbourne and compete at a good standard in the BUCS (British Universities and Colleges Sport) leagues.

Results

The men's and women's **hockey** sides lay third in the South-Eastern Conference 1A after picking up vital wins before Christmas. In **football**, the men's 1st XI are struggling to adapt to life in the South Premier Division, but a 2-1 victory against Brunel has given them hope of survival. The 3rd XI are pushing for promotion and, at the time of writing, were unbeaten in the league, the highlight being a 6-2 victory against current leaders King's College. The women's 1st XI look likely to retain their place in the Premier Division. The **netball** 1st team are looking good for a play-off spot and could go top of the South-Eastern Conference 1A if they win their game in hand. The girls had only lost once this season and comfortably disposed of Imperial before the break. The 3rd team are also going well and sit third in the South-Eastern Conference 3A. Women's **lacrosse** goes from strength to strength and their recent win over Imperial College London puts them joint top of the South-Eastern Conference. The women's **rugby** 1st XV lead the South-Eastern Conference 1A following inspirational wins against UCL and Royal Holloway. The men's 1st XV are chasing promotion to the South-Eastern Conference 1A and are also enjoying a great run in the South-Eastern Conference knock-out cup, reaching the quarter-finals after a 71-3 mauling of Sussex.

With so many other sports available, both competitive and non-competitive, it's hard not to get involved with some sort of activity and after the final whistle blows, sports socials kick off and the real games begin. You can see all the latest results and read about the University's sports teams on the University of Brighton Union website www.ubsu.net. While you're there have a look at *The Pebble*, the official newspaper of the University of Brighton Students' Union.

Terry Pierce

Don't miss..... our sports webzine



Overtime is produced by Chelsea sports journalism students and lecturer Rob Steen. Overtime tells it like it is and how it was, reeling in the years to celebrate and analyse the competitive arts, reflecting the way we were and how it has affected the way we are. Go to the website to see the latest issue <http://www.overtimeonline.co.uk/>

Eastbourne nightlife

We know what many of you will be thinking about nightlife in Eastbourne...it's non-existent. But that's where you are wrong. Eastbourne has many trendy bars, pubs and clubs that the students of the University enjoy on student nights which are on Monday, Wednesday and Friday.

Monday is Funktion Rooms, which is three clubs combined into one: music to meet all tastes. The bottom floor is full of trance, dance and drum and bass. The middle one is full of lively and uplifting cheesy tunes and pop classics. The top floor raises the roof with its funky R'n'B. Wednesday is sports team socials: fancy dress is essential and all the students make the trek to Atlantis and brave the cold sea breeze on Eastbourne pier. Atlantis is a one-of-a-kind experience that you will never forget! The students party through the night to a mixture of R'n'B, dance, pop and new tunes.

To finish off a hard week students get together in Bassment for the Stock Exchange night where they rush to grab drinks at low prices when the stock market crashes! Bassment, which has recently been refurbished, is a trendy club with a great atmosphere and the perfect way to start the weekend. The prices on all of these nights easily accommodate the student budget, so see you on the dance floor. Boom, Boom, Boom let me hear you say wayoohh ...wayoohh!

Emma O'Reilly and Chris Martin

For more information about the clubbing scene, shows and events in Eastbourne visit www.eastmagazine.co.uk

The University of Brighton Students' Union provides students with a range of opportunities to join clubs and societies where they can meet likeminded people and share common interests. The Union also promotes the formation of new clubs and societies. For more information visit www.ubsu.net

For more information about Chelsea School see our website

www.brighton.ac.uk/chelsea

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University of Brighton

Chelsea School Newsletter



Meet our student ambassadors



Jessica Mee

I am currently in my second year studying Sport and Exercise Science, and I've found many aspects of the course interesting and inspiring



Settling in to student life in my first year was effortless: meeting fantastic people, enjoying the course, quality nightlife and superb accommodation. Coming

from the Midlands, living in a seaside town is also fantastic.

Martyn Tideswell

Hi all, I am a current second year student here at Chelsea school studying Sports Studies with Physical Education. I come from Barnsley, way up north and decided to choose this university upon a recommendation from a personal tutor at my college and for a chance to move away from home. What I like best about Eastbourne is the course, the fun nights out and the friendly environment around campus.

Chris Martin

I'm currently a second year studying Physical Education BA (Hons) with QTS and thoroughly enjoying the course and university life. I love to play sport and, play rugby for the University first team. It's an honour to represent the University and Chelsea School in particular. There is such a warm and friendly atmosphere. I recently became a Student Ambassador which means helping out on open days, interviews and event evenings alongside offering help to prospective students. It's great to give something back.



Dan Clark

I am a second year student currently studying on the Sport Journalism degree. I chose this



university not only because it offers the best course in the country for what I want to do, but also because of the lovely area it lies in. What's better than being able to relax on the

beach in the sunshine? And the atmosphere surrounding the University is overwhelming positive, and there's always something going on around the campus. I enjoy playing and watching sports, especially tennis, and with the ATP event moving to Eastbourne this summer, it's the perfect place to live and study.

Emily Stretton

I am a second year student on the Sport and Exercise Science course. My main interests are nutrition and exercise referral.



I love sports and I am currently a member of the University lacrosse and trampoline teams. I decided to come to the University of Brighton as the facilities were top class, the

lecturers were very approachable and the close-knit community really appealed to me. Since becoming a student I have made some great friends and am enjoying every minute of my time here.

Katy Griffin

I am currently in my second year studying Physical Education BA (Hons) with QTS and am part of the dance squad here at Chelsea School. I am really enjoying the course and all the opportunities it has given me

already. I knew I wanted to attend Chelsea School because of its reputation, great atmosphere and excellent facilities, and being by the beach is just an added bonus.



.....more ambassadors next issue

Bursaries and scholarships

For information about income-related bursaries and scholarships for elite athletes, talented performers and disabled athletes and general finance information visit

www.brighton.ac.uk/prospective/undergrad/fees

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