



**University of Brighton**

## Open Day Programme (Wednesdays)

**This is a combined programme for the following two courses:**

BSc (Hons) Sport and Exercise Science: C600

BSc (Hons) Sport Coaching: CX6C

**Please note there will be a separate information session for each course at 11.45 am**

Time	Venue	Description	Staff / Student Contact
Arrive at 10.30	<b>Sports Centre Meeting Room:</b> 25 <sup>th</sup> Jan, 21 <sup>st</sup> Mar, 25 <sup>th</sup> Apr <b>Sprinters Restaurant:</b> 29 <sup>th</sup> Feb	Registration & refreshments	Lucy Deakin
11.00 – 11.45	Lecture Theatre, H129	Welcome to Chelsea School: introduction to the Sport & Exercise Science and Sport Coaching degrees. Student life – studying in Eastbourne (including advice on accommodation)	Prof. Jo Doust (Head of School), Alan Richardson (Admissions Tutor), James Wallis (Course Leader, Sport Coaching), Marilyn Doust, (Student Support Tutor) & Student Ambassadors
11.45 – 12.15	Lecture Theatre, H129	<b>Sport and Exercise Science Degree Information</b>	Sport and Exercise Science Lecturers
11.45 – 12.15	G41	<b>Sport Coaching Degree Information</b>	Sport Coaching Lecturers
12.15 – 13.00	Sprinters Restaurant	Lunch. Please bring cash as there are no facilities for using cards in the restaurant	
<b>Visitors will be divided into groups to rotate around the three core disciplines of Sport and Exercise Science and Sport Coaching</b>			
13.00-14.15	Biomechanics Laboratories	<b>Biomechanics Presentation:</b> A chance to meet the staff and see an example of how the force platform and video analysis are used in Biomechanics	BSc Staff Members
	The Welkin Labs	<b>Psychology Presentation:</b> Meet the staff for a short presentation – Psychology in action: from exercise promotion to peak performance	BSc Staff Members
	Physiology Laboratories	<b>Physiology Presentation:</b> Staff will take you on a tour of laboratories, describing the content of the physiology practical lab sessions	BSc Staff Members
14:15 – 15:00	Campus Tours		
15.00 – 15.15	Students Question & Answer Session		Student Ambassadors
15.00 – 15.15	Parents and guests Question & Answer Session		Alan Richardson, James Wallis and Marilyn Doust