



Observer's Mitchell delivers Annual Sport Journalism Lecture

Kevin Mitchell, chief sportswriter of *The Observer*, delivered the fourth Annual Sport Journalism Lecture with an eye firmly on the future facing Sport Journalism students. Fresh from a meeting of *Observer* and *Guardian* staff the previous day, Mitchell brought the ever-changing world of journalism to the Chelsea School lecture theatre as he reflected on the challenges in store for the next generation of journalists, a generation for whom writing and subbing their own stories, blogging and podcasting will all be part of the daily newspaper diet. He echoed the sentiments of *Guardian* editor Alan Rusbridger, who, while acknowledging that a "24/7" news operation was now obligatory for national newspapers, had emphasised to staff that readers still expected measured responses rather than rushed judgements. Mitchell stressed that he disagreed with his erstwhile colleague, *Independent* editor Simon Kelner, who believes that newspapers should now be "viewpapers". Mitchell offered plenty of encouragement to students, highlighting the way in which the web had made a vast range of entry possibilities available to young journalists while underlining that the national press still represents the pinnacle of the profession.



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BBC Horizon to film Xtreme Everest Expedition



The largest medical research study ever conducted on Everest has recruited one of our current postgraduate students, Alan Richardson, and former BSc (Hons) Sport and Exercise Science student, Helen Luery, for the research team that will be conducting physiological assessments on over 200 volunteers trekking to Everest Base Camp. The aim of the Xtreme Everest Expedition, which is being filmed by BBC Horizon (www.bbc.co.uk/horizon), is to investigate human performance at extreme altitude, with particular interest in improving the care of the critically ill and other patients where hypoxia is a fundamental problem. Alan will be working on the calibration team, ensuring equipment functions properly during the ascent, and then he will spend the remaining two months at Namche Bazaar and Base Camp performing cardiopulmonary exercise testing. With Alan's own PhD investigating "tolerance to hypoxia" and why some individuals cope better than others when going to altitude, this is an excellent opportunity for Alan to gain valuable hands-on research experience in the field. To follow the expedition visit <http://www.xtreme-everest.co.uk> or the 'news and events' link of Chelsea School's website www.brighton.ac.uk/chelsea

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For information about income-related bursaries and scholarships for elite athletes, talented performers and disabled athletes and general finance information
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University of Brighton

Chelsea School Newsletter



Sport or Spies?

John Sugden, Professor of Sociology of Sport, is about to embark on his next project "Sport and Spies", which examines the dark side of sport and international relations. John, who joined Chelsea School in 1996, is editor of the International Review for the Sociology of Sport, a leading academic journal in its field, and is also visiting professor at the University of Ulster. John has published several books, most notably *Scum Airways: Inside Football's Underground Economy* and *Badfellas: FIFA Family At War* (with Prof. Alan Tomlinson). He is also renowned for his academic work on boxing and how sport can help the divides within society, particularly the "Football for Peace" project in Israel of which he is director (see last month's newsletter). He teaches on various modules at the University of Brighton particularly the Sociology of Sport and Leisure degree. John also hopes in the future to take an in-depth look at the changing face of journalism, particularly sport journalism, and has recently published his latest book (with James Wallis) *Football for Peace: The Challenges of Using Sport for Co-existence in Israel* (Meyer & Myer).



Professor John Sugden (centre right) meets Sir Bobby Charlton (centre left)

Sport Matters

The women's **football** team are enjoying an outstanding run in the annual BUSA Cup competition. Having qualified through the Premier South league, they subsequently overpowered Oxford, Manchester Metropolitan (who are coached by the English Universities women's football coach) and Northumbria to reach the final. Representing the pinnacle of University sport, this prestigious event will take place on May 9th at Loftus Road, home of men's Championship side Queens Park Rangers. Support for this event would certainly be welcomed by the girls.

Kerry McGawley

Fit Not Fat

Professor Jonathan Doust, Head of the Chelsea School, recently gave his inaugural lecture "*Optimal exercise: the psychophysiology of keeping active*". Around 50% of the British population are overweight and inactive, leading to considerable concerns about health. Professor Doust's lecture explored ways to combat this problem.



The University of Brighton Students' Union (UBSU) has raised over £6,000 for local charities this year following a successful revival of the traditional RAG week. After months of planning Raise and Give (RAG) week saw students across the university's campuses come together for a week full of activities.

For all the latest news visit the Chelsea website www.brighton.ac.uk/chelsea and click on **News and Events**



University of Brighton

Chelsea School Newsletter



Sea, Sun and Fun



Eastbourne Pier

Where you go to university is as much about the area you will be living in, as it is about the course you choose to study. After all, it's where you'll be living for the next three to four years and so is a big part of your decision making! When I came along for my interview at the Chelsea School, it wasn't until I went down to the seafront that I made up my mind to study in Eastbourne. Living here is amazing! From the sunshine to the clubs; the beach to the restaurants, student life is fun and exciting. Coming from London I didn't expect the night life to be as good as it is. There are plenty of bars and clubs to enjoy and the great thing is that this is contrasted with a very relaxed and chilled-out vibe. Going to the beach in the summer is a must; not just to sunbathe, but also to revise. Being a student in Eastbourne means being part of a close-knit community; It is a safe and friendly place to live; highly recommended!

Abena Boller

Dance Rivals, one of the biggest events of the social calendar, raised over £2,000 for Chelsea Children's Camp. Sports teams choreographed and performed dances in a head-to-head competition, the performance of the night coming from the rugby boys, who won for the third year. Chelsea Children's Camp works in partnership with the University's Student Union and Northamptonshire Council to provide educational experiences for young people who are "at risk", are "looked after" in foster care or who have disabilities. Young people are given opportunities to take short breaks and experience outdoor and adventurous activities.

Sarah Turner

Eastbourne Night Life

So, you've survived a Monday night session at the Funktion rooms, you've had Tuesday to recover and now you fancy another night on the tiles. Well look no further than Eastbourne's very own pier. I'm not suggesting a moonlight walk on the boards with a few cans; I'm talking about Atlantis night club which is situated at the tip of the pier. After a few swift ones in The Shore Bar, just opposite the pier, it's time for all the scantily-clad students to wish they had brought that jacket with them as they brave the chilly sea breeze to begin the trek to Atlantis. Don't let this put you off because if you can brave the gales you will soon find yourself at the entrance where you can expect to pay just £1.50 to get in. The night club boasts three bars and has a large dance floor. Wednesday nights are also the sport team socials so Atlantis is always guaranteed to be swarming with the university's sport stars dressed in ridiculous outfits. Next month: how to have fun on a Friday!

Gemma Nash

London Marathon

Congratulations to Stephen Lambert, the Catering Officer at Sprinters Restaurant and Robert Rudling, Physical Education with (QTS) student who both completed the London Marathon. Stephen said: "This was my second London Marathon and the conditions were very testing with the high temperature, but it was a great experience, especially the public support."



Graham Spacey (second from the right), President of Chelsea Children's Camp with committee members stewarding for Dance Rivals

The University of Brighton Students' Union provides students with a range of opportunities to enable students to join clubs and societies where they can meet like-minded people and share common interests. The Union also promotes the formation of new clubs and societies. For more information on opportunities available visit www.ubsu.net

"My three years at Chelsea have been fantastic. The facilities are good, the lecturers are great and it's been a brilliant life experience and I wouldn't change it for the world."

Jamie Shields
Physical Education with QTS

For more information about Chelsea School see our website

www.brighton.ac.uk/chelsea



University of Brighton

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Meet the ambassadors.....



Martin Wilkinson

"I am currently in my second year of a Physical Education degree. I chose to study my degree at the University of Brighton because of the facilities that are available, the reputation and credibility of the course both here in Britain and inter - nationally. So far I have really enjoyed studying and socialising in Eastbourne."



Phil Miller

I am 20 years old and originally from Norwich and I am currently in the second year of the Sport and Exercise Science degree where my preferred discipline is sport psychology. After gaining my degree I hope to do a masters or PhD. I enjoy music and going to live gigs, spending time with my friends and family, and sport. My favourite sport is tennis and I am a member of the university tennis team as well as a fully-qualified LTA coach. I am also in the university cricket team.



Bryn Williams

The best thing I've found about studying Sport and Exercise Science at Chelsea School is the community atmosphere. Being based in Eastbourne might make you think that you're missing out on city life. Well, you are, but there is also something to be said for uni being just five minutes from your house or being able to walk into any student pub in town and bump into someone you know. Wherever you are the majority of your friends are never more than a few minutes away and I think it's that which has made the last two years so enjoyable.



Sarah Bagshot

I come from a village in the New Forest in Hampshire and am in my second year of the Physical Education degree, which I am absolutely LOVING! Since coming to uni in Eastbourne I have had the most enjoyable time of my life and tried lots of things for the first time, such as taking up lacrosse and going on the year one ski trip. I have also made some of the best friends and shared so many memories which keep me amused for hours! The course is brilliant, the people are friendly and the surroundings are stunning!



Andy Bishop

I am in the second year of the Sport Journalism degree. I have completed work experience at *The Wisden Cricketer*, worked for BBC local radio at the 2006 World Cup, and visited the BBC Match of the Day studios at Television Centre. I have the joys of being a West Ham United season-ticket holder and in my spare time enjoy beating the P.E. QTS second years on the football pitch.

More ambassador stories next issue...

For information about undergraduate study including accommodation, finance etc

Visit www.brighton.ac.uk/studentlife

All applicants offered a place to study at Chelsea School are assigned a Student Ambassador who will keep in touch by email, answering questions and sending prospective students a copy of our newsletter.

Chelsea School wish success to all our prospective students taking exams during the next few months

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