



# Chelsea School Newsletter



## Golden Age for Journalism

The Daily Telegraph's Football Correspondent Henry Winter gave some encouraging news to university students at Chelsea School's Annual Sport Journalism Lecture in March. He told a packed-out audience about the dynamic, fast-paced world of sports journalism and provided a glimpse of what the future may hold for prospective journalists.

He said: "We are entering the golden age of journalism because there are so many opportunities to publish your work. At first, I only had the newspapers and as anyone knows who is trying to get their name in the nationals, it is a long and arduous process, which can take many years of voluntary work. But through the Internet, it just takes a second to get published and your journalism career has taken off."



Henry Winter with lecturer Jed Novick

"There are so many avenues that you can pursue on the Internet – newspaper and magazine websites, broadcasters, radio stations and blogs. In my opinion, bloggers are just as useful as other journalists. In fact, the future is looking so bright that I'm jealous of journalism students because this is a golden opportunity for all of you."

The audience were invited to ask the Telegraph correspondent questions about his work and opinions on current football issues. Asked if he found writing about the same sport tedious, Winter replied: "I don't get bored at all because football is so unpredictable and constantly changing – here today, gone tomorrow. When you compare it to other subjects which should interest people, like a forthcoming General Election, it's complete nonsense. But it's complete nonsense which grips the nation."

As well as working for the Telegraph, Winter has also written for football magazine Four Four Two and often takes part in Sky Sports and BBC Radio 5 Live discussions and debates. He has ghost-written Steve Gerrard's autobiography, which was published in 2006 and is a regular user of Twitter, where he has over 14,000 followers.

## Honour for Olympian

Paralympic cyclist Darren Kenny OBE was awarded an honorary degree, Master of Science, by the University in February. In a horrific cycling accident as a teenager during the Junior Tour of Ireland, Darren became permanently disabled but that hasn't stopped him from excelling on the national and international stage. After an 11-year absence, Darren took up cycling again in 2000 and two years later won gold at the National Disabled Circuit Championships in Manchester. As a result, he was invited to join Team GB. At the Paralympics in Athens in 2004, he won two gold medals, a silver, and broke the world records in the kilo and 3k pursuit.

At the 2008 Paralympics in Beijing, Darren won four gold and in addition to this, he broke three world records and won a silver medal in the road time trial. He currently holds all six world records for his category (200m, 1km, 3km, team sprint, hour record and athletes' hour record).

Darren is a regular visitor to the sports science laboratories in Eastbourne, where he works with his coach Dr Gary Brickley, a senior lecturer in exercise physiology at the Chelsea School. He is soon to compete in the World Championships in Columbia, where the high altitude will provide an additional challenge, so Darren has been undergoing tests in the university's new altitude chamber to assess his responsiveness to the low oxygen levels he will face in South America.



Darren (centre) with Dr Brickley and Prof Doust

In both 2008 and 2009, Darren was nominated for "Sportsperson of the Year with a Disability" in the Laureus World Sports Awards. The Laureus awards are the most prestigious in the world and Darren stood alongside other nominees such as Usain Bolt, Rafael Nadal and Cristiano Ronaldo. He was awarded an OBE in the 2009 New Year Honours List and is one of Britain's Olympic Ambassadors in the lead-up to the 2012 Games, in which he will aim for five gold medals.

### Editor

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Oliver Miller



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## In pole position

A blind hot air balloonist has reached the North Pole - with a little help from the University of Brighton.

Mike Scholes was supported by staff and students from the university's Chelsea School in Eastbourne, where he trained in sub-zero temperatures in a climate chamber.

Just back from his epic journey, Mike, 56, said: "Their help was invaluable."

Mike was one of a team and pulled a sledge through gale-force winds and heavy snow. He twice fell through the ice and conditions became so bad and they lost so much time that he had to finish the journey by helicopter.

Mike, who raised £12,000 for St Dunstan's, which cares for blind ex-servicemen and women, said: "I was disappointed we had to fly the last bit but it was still an amazing trip and it was for such a worthy cause."



Mike Scholes

Mike, who was helped on his trek by a guide, became severely sight-impaired in 2007 from a rare disease, Leber Hereditary Optic Neuropathy. As a hot-air balloon pilot and owner of a Sussex-based passenger balloon company, he had hoped to fly one of his light-weight balloons at the pole to create a record of the most northerly balloon flight by a registered blind person. That, too, was not possible but Mike, who lives near Haywards Heath, remained positive: "It was a great experience - and I'd do it again."

Dr Neil Maxwell, principal lecturer at Chelsea School, said: "The training gave a good opportunity for our students to get involved and develop their vocational skills."

Student Lee Eddens (MSc in Applied Exercise Physiology) led a team of undergraduates, Mark Wilkins, Peter Matthews and Jen Collins, testing Mike's fitness and helping with diet and acclimatisation.

Lee said "It was a pleasure working with Mike - he is a man with a fantastic attitude towards life and I was sure he would complete the trek."

## Graduate profile

My experience at the University of Brighton is something that will stay with me forever. By choosing to attend Chelsea School I was able to immerse myself in a wide mix of academic, social and sporting opportunities. There was never a shortage of things to do in Eastbourne and it's a vibrant and entertaining town.

The decision to study Sport and Leisure Management BA(Hons) at the University of Brighton was not a difficult one; after searching far and wide for prominent sport-related courses, Chelsea School combined well-equipped facilities and enthusiastic academic staff to nurture my studies.



Stephanie Mizon

The placement in my second year as an Events and Communications Assistant for the Sussex County Sports Partnership was brilliant. The role involved supporting the events team, and helping co-ordinate press releases. My colleagues were helpful and although they understood I didn't have much experience in events, they gave me the opportunity to take on responsibilities and I learnt a lot through hands-on experience. It also confirmed that events and communications was the right career for me.

I am now working full-time as the Events and Communications Officer at the Sussex County Sports Partnership and know I would not have this job today without my degree from the University of Brighton.

Stephanie Mizon

*"I am currently in my third year studying Sport and Exercise Science, and I've found many aspects of the course both interesting and inspiring. Settling in to student life in my first year was effortless: meeting fantastic people, enjoying the course, quality nightlife and superb accommodation. Coming from the Midlands, living in a seaside town is also fantastic. I have never regretted choosing to study at the University of Brighton."*



Jessica Mee



Staff and students from Sport and Exercise Science pictured recently at the BASES (British Association for Sport and Exercise Science national student conference held at Aberystwyth recently. Third year students James Wrightson and Georgina Clark both won undergraduate prizes; James for his oral presentation and Georgina for her poster presentation.

For all the latest news visit the Chelsea website [www.brighton.ac.uk/chelsea](http://www.brighton.ac.uk/chelsea)



# Chelsea School Newsletter



## Sport matters



Chelsea School's long and proud reputation for sporting excellence, both on the field and academically, is one of many reasons why students choose to study here.

The superb facilities, including a sports hall gym and an adjoining synthetic pitch, allow students to maintain an active lifestyle during their studies. On the other hand, for those who are more serious, the university has many successful sports teams who compete regularly on a national level.

### Results

The men's **rugby** 2<sup>nd</sup> XV recently won the South-Eastern Conference Cup. Having just managed to get past Brighton's 1<sup>st</sup> XV in the semi-finals 10-7, the 2<sup>nd</sup> XV produced a flawless display to beat Surrey University 17-8.

The men's **hockey** 1<sup>st</sup> XI had another successful season, finishing second in the South-Eastern Conference 1A, having lost only once during their league campaign. In the Men's Trophy, they reached the quarter-finals but missed out on a place in the semi-finals after a narrow defeat to Kent 2-1. The women's **cricket** team are the Premier League Champions!

**Lacrosse** and **badminton** are becoming increasingly popular and both teams have enjoyed some big successes during the year. Men's lacrosse 1<sup>st</sup> XI finished unbeaten in the league and, as a result, came top of the South-Eastern Conference 1A. Of their many highlights, they had comprehensive victories over Imperial College 11-1, Hertfordshire 11-5, Canterbury 24-2 and Essex 14-3. The women's badminton team are top of the South-Eastern Conference 3A and, with one match remaining, are unbeaten.

Sport isn't just about competing and playing though; it's also about watching and enjoying the thrills and spills of your favourite teams and players, and Eastbourne offers this in abundance.

The annual men's and women's pre-Wimbledon tournament will take place at the Devonshire Park between 12<sup>th</sup> and 19<sup>th</sup> June. Students from Chelsea School are also given the opportunity to work at this event

### Overtime

The Overtime website has been given a makeover. The new site is run by Chelsea Sport Journalism students and brings you reports, features, opinions and video on the world of sport - and more besides. Students from all three years are encouraged to get involved and see their creative talent online. Visit [www.overtimeonline.co.uk](http://www.overtimeonline.co.uk) and join the party.

### Money matters

Do you want to know more about funding, fees, bursaries, scholarships, students and benefits? Do you need help making a budget? Visit [www.brighton.ac.uk/studentlife/money/](http://www.brighton.ac.uk/studentlife/money/)



### Accommodation information

[www.brighton.ac.uk/accommodation](http://www.brighton.ac.uk/accommodation)

Still have questions? Then telephone 01273 643848/643810 and speak to Ros Dunican or Lesley Robertson. Alternatively email them [a.eastbourne@brighton.ac.uk](mailto:a.eastbourne@brighton.ac.uk)

*The University of Brighton Students' Union provides students with a range of opportunities to join clubs and societies where they can meet like-minded people and share common interests. The Union also promotes the formation of new clubs and societies. For more information visit [www.ubsu.net](http://www.ubsu.net)*

### TERM DATES 2010/2011

27 September - 10 December 2010  
4 January - 1 April 2011  
26 April - 10 June 2011



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University of Brighton

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## Meet some of our student ambassadors...

### Chris Martin

I'm currently a second year studying Physical Education BA (Hons) with QTS and thoroughly enjoying the course and university life. I love to play sport and play rugby for the university. It's an honour to represent the university and Chelsea School in particular. There is such a warm and friendly atmosphere. I also became a Student Ambassador last year. I help on open days, interviews and evening events alongside offering help to prospective students. It's great to give something back.



### Katie Morgan

I always wanted to be a PE teacher and due to its prestigious reputation for academic excellence, I chose to study Physical Education BA (Hons) with QTS at Chelsea School. It was always my first choice and this was reinforced on the open day when the lecturers and students were so welcoming. The community spirit of the campus stands out and this has continued during my time here. Away from the lectures and seminars, I am part of the Cheerleading Squad, the all-female dance company Fidget and also attend boxing classes. Without doubt, the best experience so far has been the ski trip. As a result of this and many other experiences at Chelsea, I am close friends with other students on my course and I hope this will stay the same for many years to come.



### Jemma Younghusband

I am currently a second year student studying Physical Education BA (Hons) with QTS and enjoying all aspects of university life. I am part of the Women's Hockey squad and have taken full advantage of the additional coaching courses on offer. As a member of a sports team, sometimes the social life takes over, but when assignments and exams are approaching, the fun stops there and it's time to knuckle down and study hard. Brighton was my first choice and I knew from the Open Day that I wanted to spend the next four years studying here. Chelsea is widely recognised for its academic excellence and this helped my final decision. Additionally, I come from Poole and am used to picturesque views and beaches; with Beachy Head just around the corner, Eastbourne is a brilliant alternative.



### Paula Ellison

I am in my second year studying Sport and Exercise Science BA (Hons) and so far my time at Chelsea has been amazing. Its vibrant attitude and close community spirit allowed me to meet some friendly people and I'm sure I will stay in touch with them after graduation. I chose this course for its variety of modules, allowing me to have a wide range of career choices once I have finished. The night life in Eastbourne is lively and the close proximity to the seaside is a superb advantage. It's a wonderful place to relax once you've finished all those exams and assignments at the end of the year.



### Will Slemmings

I was set on going to another university until I experienced a sunny day in Eastbourne: it's a beautiful part of the country to be a student! I'm in my second year studying Sport and Leisure Management. I came to Chelsea because it ticked all the boxes for me: academics at the top of their field, beautiful surroundings, a safe friendly atmosphere and a thriving, diverse sporting network. You have to make sure you choose a university where you want to spend at least three years and I definitely found that here.



I am very happy that I chose to spend what most call 'the best years of your life' here at the University of Brighton in Eastbourne.

*Chelsea School and the Student Ambassadors wish all students awaiting exam results good luck .*

*Want to know about the practicalities of student life? Why not contact one of our student ambassadors? Email Marilyn Doust [m.i.doust@brighton.ac.uk](mailto:m.i.doust@brighton.ac.uk) stating the course you have applied to study and your full name. You will then be allocated a student ambassador.*

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